



DO IT YOURSELF



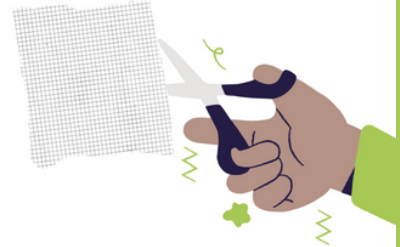
Make your own nature journal to record your observations. You will need:

- Scrap paper
- Wool or string
- Scissors
- Hole punch
- Markers/crayons/coloured pencils

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STEP 1

Cut your scrap paper so that it is all the same size. If you are re-using paper that's been printed on one side, make sure all the blank sides are facing up.



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STEP 2

Line up all your paper and use the hole punch to make 3 holes along the side, spaced evenly apart.



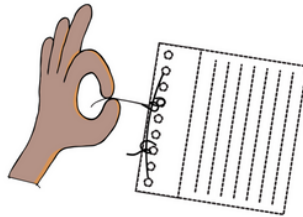
STEP 3

Line all of the holes up and cut three pieces of string.

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STEP 4

Loop the three strings through the three holes and tie a knot.



STEP 5

Decorate your front cover.

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DIY PROJECTS!

PAGE SAMPLES!



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STEP 6

At the top of each page write a different "prompt". A prompt is something to help spark your imagination. Some prompts for a nature journal could be:

- Draw an insect you find and what you think its home might look like.
- What are three different things you can smell?
- Trace as many different leaf shapes as you can find.

A grown up can help you come up with ideas if you need help.

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